Treatments & Services



Lonvida wellness & longevity

Diagnosis & consultations



Precision Diagnostics

Blood tests and DNA test with saliva swab.

- + 3 consultations.
- + 1 session with fitness coach.

Starting at \$1,050 USD

For pricing details, please contact our Medical Concierge.

Comprehensive Assessment

Blood and DNA sampling, detailed medical history collection, and physical examination with a specialist.

2 Evaluation of laboratory studies by internal medicine

Point-by-point review of 50+ biomarkers in your blood. Design of a suggested treatment plan and priority order.

Personalized Diagnosis

Explanation of key biomarkers and genetic variants. Personalized therapeutic recommendations: nutrition, fitness, supplements, IVs, regeneratives.

Initial Evaluation

Personalized initial assessment by a specialist to design an appropriate treatment plan.



Specialty Diagnosis

Specialized medical or aesthetic care, including diagnosis and treatment by our expert team.

Follow-up

Post-treatment review and adjustments for improved results.

Starting at \$120 USD

For pricing details, please contact our Medical Concierge.

Regenerative Medicine



Treatments that promote natural regeneration, visible rejuvenation, and long-term functional health.

Stem Cell Therapy

CMM 100M IV

Intravenous Mesenchymal Stem Cell Session. Systemic cellular regeneration. Stem Cell Therapy

CMM 10M | Capillary or Facial

Scalp Stem Cell injection session. Stimulates hair growth and prevents hair loss.

Stem Cell Therapy

CMM P-O-Shot 50M

Male intimate area Stem Cell session. Improves erectile function and sensitivity.

Stem Cell Therapy

CMM 25M | Capillary or Facial

Facial Stem Cell application session. Rejuvenates the skin, enhancing firmness and radiance.

Stem Cell Therapy

CMM V-O-Shot 50M

Female intimate area Stem Cell Session. Improves lubrication and sexual sensitivity. Stem Cell Therapy

CMM 50M | Capillary, joint or facial

Combined Stem Cell treatment session for targeted areas. Comprehensive rejuvenation, including joints and specific regions.

Starting at \$800 USD

For pricing details, please contact our Medical Concierge.

Cell Therapy License 25-TR-09-016-0001, COFEPRIS

IV Therapy

State-of-the-art IV therapy customized for energy, immunity, mental clarity, and physical recovery.

Custom IV drip

Customized intravenous blend tailored to the patient's specific needs. May include vitamins, minerals, amino acids, and antioxidants.

Energyboost

Revitalizing nutrient blend. Boosts physical and mental energy.

Inmunoboost

Intravenous supplementation designed to strengthen the immune system. Typically includes a blend of vitamin C, zinc, antioxidants, and other micronutrients.

Skinbooster

Vitamin, mineral and trace element supplement to improve skin quality.

Hormonal Balance

Hormonal therapy to regulate hormone levels. Improves energy, sleep, and libido.

Starting at \$250 USD

For pricing details, please contact our Medical Concierge.

NAD+

Intravenous coenzyme for cellular function. Delays aging and enhances cognitive performance.

Cellular Bio-stimulator

Activates the body's natural production of essential proteins. Metabolic rejuvenator for the entire system.

Hangover IV

Intravenous supplementation to assist with rehydration and detoxification after alcohol intake.

Vitamina C

Suplemento vitamínico para reforzar el sistema inmune.

Melatonin 10cc 2mg

Hormonal supplement to regulate sleep. Enhances sleep quality.

Aesthetic Wellness



Natural BTOX

Botulinum Toxin with a natural effect. Smooths wrinkles without altering facial expression.

Bienox

Botox®

Botulinum Toxin | Nose

Nasal botox for wrinkle correction. Subtle non-surgical nose contouring.

Botulinum Toxin | Mouth Wrinkle

Botox for wrinkles around the mouth. Softens perioral lines.

Botulinum Toxin | Gummy Smile

Botox for gummy smile correction. Creates a more aesthetic and balanced smile.

Botulinum Toxin | Bruxism

Botox in jaw muscles. Reduces tension and pain caused by bruxism.

Starting at \$185 USD

For pricing details, please contact our Medical Concierge.

Aesthetic Wellness



Seduskin Hyla-PDRN Salmon

5 sessions. Hydrating and firming treatment. Firmer, smoother, and more radiant skin.

Bio-stimulator | Aqua + NAT B

Biorevitalization with biomimetic peptides and hyaluronic acid. Deep hydration, subtle lifting effect, and improved radiance.

Bio-stimulator | Etrebelle 200

Facial session with bioactive complex based on PLA + HA. Lifting, rejuvenation, collagen induction, and reduction of fine lines (Hollywood's secret).

LUHILO Biorestaurador facial

Biostimulator with a hybrid of hyaluronic acid, 7 amino acids and 3 peptides that promote firmness and lifting.

Sculptra

Session with Poly-L-Lactic Acid dermal stimulator. Boosts collagen production with gradual volume enhancement.

Cost per session • 1 to 2 sessions per year recommended

Growth Factors | Facial

Application of bioactive factors. Promotes cellular regeneration, improves skin tone and evenness.

Lipoenzymes | PB Serum

Factores de crecimiento en cuero cabelludo. Fortalece folículos y crecimiento capilar.

3 sessions per year recommended

Growth Factors | Capillary

Growth factors for the scalp. Strengthens hair follicles and stimulates hair growth.

Seduskin Hyla-PDRN Salmon

Hydrating and firming treatment. Firmer, smoother, and more radiant skin.

Starting at \$320 USD

For pricing details, please contact our Medical Concierge.

High Tech

FRAXIS

Uses fractional radiofrequency only, with interchangeable tips; its pinpoint heat stimulates deep collagen, ideal for scars and localized laxity.

4 sessions for visible results

Multipolar Radiofrequency

Delivers uniform heat through multiple poles; it comfortably improves firmness, wrinkles, and pores without harming the surface.

4 sessions for visible results

Starting at \$27 USD

For pricing details, please contact our Medical Concierge.

ENDOLIFT | Area

Subcutaneous laser session by area. Tightens and redefines without surgery (lipo-like effect).

1 to 3 sessions per year recommended.

ENDOLIFT | Full region

Full-region subcutaneous laser session (3 areas). Complete non-invasive lifting (lipo-like effect).

1 to 3 sessions per year recommended.

CO₂ Carboxy Therapy

Medical CO₂ injection session. Improves circulation and reduces cellulite.

Recommended 6 to 10 sessions for visible results

Plasmage

Aesthetic fractional plasma. Tightens and regenerates without damaging the skin.

1 to 2 sessions per year recommended.

Pressotherapy

Non-invasive lymphatic drainage treatment that applies pressure to stimulate circulation and aid in muscle recovery.

3 to 6 sessions per year recommended

Skinscanner Beauty

Scans your skin, generates a score for your skin's health and aging, and offers personalized routine recommendations to improve it.

Cryo-fraxis (Fractional Cryo-Radiofrequency)

Blends cryo-radiofrequency with fractional radiofrequency; the cold-heat contrast triggers a biological shock that renews the skin and gives almost immediate firmness.

4 sessions for visible results



Lifestyle

Facial with Growth Factors

Bioactive factors on the face. Facial regeneration and firmness.

Exfoliating Depigmenting Facial

Intensive or medium depigmenting treatment. Reduces deep pigmentation and dark spots.

Organic Facial

Natural ingredients without chemicals. Soothes and hydrates sensitive skin.

Japanese EviDenS® Sensitive Facial

Japanese ritual for delicate skin. Providing nourishment and freshness without irritation.

Deep Cleanse Facial

Exfoliation and impurity extraction. Clean, oxygenated skin.

Starting at \$85 USD

For pricing details, please contact our Medical Concierge.

Immersive Cabin

Immerse yourself in our exclusive programs hosted in our immersive relaxation room, featuring state-of-the-art vibroacoustic technology.

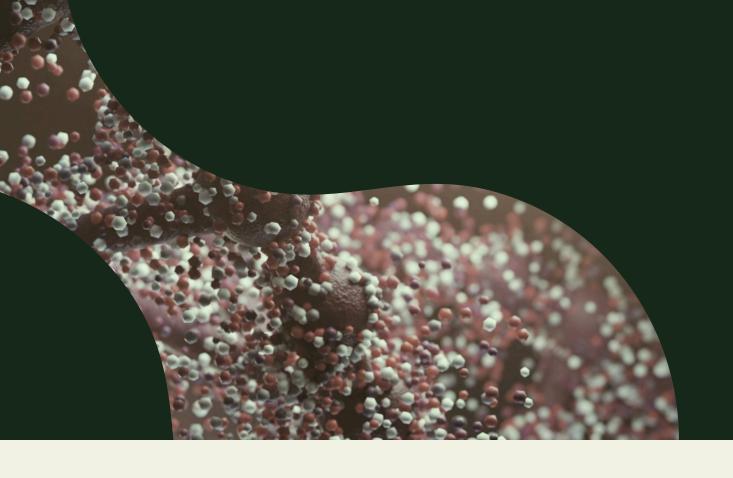
Sleep programs, stress management, burnout recovery, meditation, and deep relaxation.

\$79 USD





The best decisions in life are the ones that allow you to enjoy it more.



Scan to view the Common Spot Café menu.



Order at the front desk and enjoy it during your treatment.

Our Longevity Concierge will be happy to assist you with your booking.

